



Xmas provision in Lewisham

Useful services, meals and food

Lewisham Council

Customer Service Centre 020 8314 6000 - open every day, 24/7

Crisis Mental Health Line (South London and Maudsley 24 hour mental health support line) 0800 731 2864 – open every day.

Advice Lewisham

Expected to be closed 24th to 3rd January inclusive.

Social services Gateway

Open till 4pm on Xmas eve, 28th and 31st. On other dates staffed by Emergency Duty Team.

Pharmacy

Rushey Green Pharmacy, Primary Care Centre, Hawstead Road, SE6 4JH, [020 7138 1790](tel:02071381790)) is open Xmas Day 10am-6pm, 26th Dec 5.30- 8.30pm, 1st Jan 10am-2pm

Community Connections Lewisham

Open till 4pm on Xmas eve and re-opens on 4th January.

VSL

Office is closed from the 24th December to 3rd January inclusive
The deadline to request hampers and meals was Friday 10th December

Silver Line

The Silver Line Helpline offers conversation and is open 365 days a year 24 hours – 0800 4 70 80 90

Good Gym

Please make last referrals before 3pm on Thur 23rd. Referral portal re-opens 29th and 30th and from Tuesday 4th Jan. Missions continue every day but need to be requested in advance.

DWP Closed from 25th and open 30th and 31st .

Children & Young People

For children and young people, there is a free Winter Holiday Activity Programme providing food and fun all over the borough. Free activities and lunches for school-aged children and young people (aged 5–16 years – up to 19 for children/young people with SEND) eligible for and in receipt of benefit related Free School Meals. Download the attached booklet to find an activity programme for your family

Lewisham Healthy walks

Tues 28th Dec: Beckenham Place Park at 9.45am / Forster Memorial Park from Goldsmiths Community Centre at 10.30am / Sydenham Wells Park at 11am

Thurs 30th Dec: Horniman Gardens at 11am / Crystal Palace Park from St Christophers Hospice at 1.30pm

Sun 2nd Jan: Family Mindfulness walk at Beckenham Place Park at 9.45am

Do join us - It's a great way to get some fresh air and gentle exercise!

You find full details here: <https://www.walkingforhealth.org.uk/walkfinder/lewisham-healthy-walks>

Food

See Lewisham Local's website for the most up-to-date information on food provision. The information below is copied on 13th Dec 2021.

Free Christmas meals

These community organisations and businesses offer a free meal or food support for people who might be spending Christmas on their own, or who may be struggling financially and in

need of emergency food provision. Details may be subject to change so please contact the project directly for more information.

Xmas Day

All Saints Church

All Saints Church on 105 New Cross Road, SE14 5DJ

All Saints Church is providing a Christmas Meal on Christmas Day 12-6pm. 020 7639 2889.

Catford Soup Kitchen (UCKG Soup Kitchen)

The Catford Soup Kitchen will be open and providing a takeaway lunch on Saturday 25th of December 12-2pm and Saturday 1st of January.

Contact 0208 6983612 or email at outreach@uckg.org to find out more information.

Cummin' Up Restaurant & Take-away

Cummin' Up Restaurant & Take-away on 389 Lewisham High Street, SE13 6NZ are open on Christmas Day – 25 December 2021 from 1pm to 6pm.

Richard Simpson and his family will cook traditional British Christmas Day fare (even Brussels sprouts!), plus jerk chicken, rice and peas and mixed salad.

Eat of Eden

1 GoldCrest House, 32-64 Lee High Rd, Se13 5FH, 12-2pm offering a free hot vegan meal to anyone in need.

Lewisham Islamic Centre

363 – 365 Lewisham High Street, Lewisham, London, SE13 6NZ.

Christmas Day Lewisham Islamic Centre will be providing soup between **4-6pm** as usual

Around Christmas

ChART Food Project

Every Wednesday (including December 22nd and 29th and January 5th) from 10.30am – 11.30am at WG Grace Community Centre, 1 Lions Close, Grove Park SE9 4HG. Come and have a cup of tea with our friendly team of volunteers and choose from a selection of essentials to stock your cupboards for a couple of days. Deliveries are available to residents on the Chinbrook and Grove Park Estates

unable to come to us. Please contact paul@chartbiglocal.org.uk or call 07455 213291.

Ichthus Community Table

At Ichthus Lee Green will be open on Friday 24th December, Christmas Eve for a Christmas dinner meal 1.30-3.30pm.

St Saviour's Church, Brockley Rise On 21st December, a traditional Christmas Lunch will be served at St Saviour's Church, Brockley Rise. Drinks from 12:30pm; lunch served at 1pm. To book a place please call Kathleen on 07517853325. £8.

Voluntary Services Lewisham

Voluntary Services Lewisham together with the Lewisham Salvation Army will be giving out a limited number of reheatable meals on the 23rd December to those most in need (maximum of two per household).

Boxing Day

The Hill Station, Kitto Road, SE14 5TY, 10am to about 4pm.

Feeling the let-down after Christmas? Come along and bring any unopened excess items you have to share (C-19 modification – we can't take leftovers!), or just bring yourself—we would value your company....

We have a piano: bring your music, a guitar or a flute. We will be playing Mahjong: bring any other games. We will have some books donated for the new year charity book sale: bring a bit of cash in case any take your fancy.

There will be hot drinks, biscuits, hand-sanitiser, disinfectant wipes and socially-distanced human contact. All Welcome and All Free. Close to the 343 and 484 buses and Brockley and Nunhead Stations. Unrestricted parking.

Food Banks/ projects

Kath's Place Community Hub

50 Friendly Street, Deptford, SE8 4DR. We Care Foodbank will be open Thursday 23rd, Friday 24th (10am-4pm) Closed 25th, 25th and New Year's Day otherwise we are open every Wed-Sat as usual (10-4pm). We offer a social pantry at Kath's Place Community Hub (part of the Kath Dugan Equality & Civil Rights Network) where members pay £5 for

shopping worth around £40 as well as a foodbank (referral only), baby bank (free to use) and store. 07871 187 162 - text only and we will call back.

Lewisham Foodbank

Lewisham Foodbank, will be open for pickup on 23rd December. The Food bank will reopen on the 4th of January. Email info@lewisham.foodbank.org.uk for more information.

LWCC Food Service

Honor Oak Community Centre, 50 Turnham Road, Brockley SE4 2JD. Open Wednesday 22nd 5.30-7.30pm then closed until the end of January.

Rastafari Movement UK

The Rastafari Movement UK is continuing throughout the Christmas period in Lambeth, Lewisham and Southwark, in Lewisham on Tuesdays 21st and 28th of December.

Email rmukwellbeing@gmail.com or phone on 07769 813799 for more information.

Rehoboth Community Outreach

Ray Champion Room, 1-18 Allwood Close, Sydenham, SE26 4JP

Saturday Dec 18th giving out children winter Jackets age 6 - 14 yrs and food provisions.

Monday Dec 20th Christmas dinner & presents, Christmas Eve Dec 24th 6pm - 8pm giving out food provisions.

Closed from the 25th until Monday January 10, 2022

St. Peter's Brockley Food Bank & Social Supermarket.

Wickham Road, Brockley, SE4 1LT.

Open Wednesday 22nd December, 12-3 pm and will be giving out Christmas meal hampers to be able to make a roast chicken dinner with all the trimmings.

Whitefoot and Downham Food Project - Thursday 23rd December

Hope Church 480 Whitefoot Lane Downham, BR1 5SF. Open Thursday 23rd 7.30-9pm for those living in the Whitefoot and Downham area. You can just turn up.

Closed on the 30th December, extra food given on the 23rd to cover the holidays.

Food to You (paid shopping service) running a normal service on the week of 20th and 3rd (except asking customers to prepare 2 weeks' worth of shopping lists). Week of 27th we will be delivering to all clients on the 29th.

Information collated Dec 2021

Spotted corrections or updates? Email Michael.stuart@ageuklands.org.uk