[**Monday 11th January**](null)

**11.00: Sensory Yoga with Viera**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZwscOyvrjwtGNO9Dt9sy6MkJfp2owI3MhKN**](https://us02web.zoom.us/meeting/register/tZwscOyvrjwtGNO9Dt9sy6MkJfp2owI3MhKN)

**Tuesday 12th January**

**13.45: Autism Movement Therapy® Based Session with Hilary**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZIucumqrDksH9Oq4aR0-wvGyVtfmfu9gs1G**](https://us02web.zoom.us/meeting/register/tZIucumqrDksH9Oq4aR0-wvGyVtfmfu9gs1G)

**Wednesday 13th January**

**11.00: Rhythm & Rhyme with Sharon**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZcrcumqpzkiE9wOmArTHapm6XDcBxFQ-RAT**](https://us02web.zoom.us/meeting/register/tZcrcumqpzkiE9wOmArTHapm6XDcBxFQ-RAT)

**Thursday 14th January**

**11.00: Mindful Motor Session with Nicole**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZckdeyqrjspEtLR4FKzyg\_ZiHAjJdxLJ3bP**](https://us02web.zoom.us/meeting/register/tZckdeyqrjspEtLR4FKzyg_ZiHAjJdxLJ3bP)

**Friday 15th January**

**9.45: Developmental Dance Movement® Based Session with Hilary**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZcvc-mvpzMiGtKi7l1wvabT4bFu90H3UZEl**](https://us02web.zoom.us/meeting/register/tZcvc-mvpzMiGtKi7l1wvabT4bFu90H3UZEl)

**11.00: Laughter Yoga with Hilary**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZwuduGgqz8iGdCKSoatiHFED3kRjpvbR6y7**](https://us02web.zoom.us/meeting/register/tZwuduGgqz8iGdCKSoatiHFED3kRjpvbR6y7)

**Monday 18th January**

**13.30: Sensory Yoga with Viera**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZwkceGuqzstGdXiSeXGtN-Q7VC5OBk3ueqx**](https://us02web.zoom.us/meeting/register/tZwkceGuqzstGdXiSeXGtN-Q7VC5OBk3ueqx)

**Tuesday 19th January**

**13.45: Autism Movement Therapy® Based Session with Hilary**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZUtdO2upz8jGNC7DY7FXXNFJNF\_jmyb-HuD**](https://us02web.zoom.us/meeting/register/tZUtdO2upz8jGNC7DY7FXXNFJNF_jmyb-HuD)

**Wednesday 20th January**

**11.00: Rhythm & Rhyme with Sharon**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZ0kfu-hqjkrGNdGVFWvIl-eC6lcjCVvM4KU**](https://us02web.zoom.us/meeting/register/tZ0kfu-hqjkrGNdGVFWvIl-eC6lcjCVvM4KU)

**Thursday 21st January**

**11.00: Mindful Motor Session with Nicole**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZMrduqtqTspE9BbW38Py0gS7Q1sTuz1ruWS**](https://us02web.zoom.us/meeting/register/tZMrduqtqTspE9BbW38Py0gS7Q1sTuz1ruWS)

**Friday 22nd January**

**9.45: Developmental Dance Movement® Based Session with Hilary**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZIlduihqTwuHNBXwc\_LQ41AlaSXRsQzTSGo**](https://us02web.zoom.us/meeting/register/tZIlduihqTwuHNBXwc_LQ41AlaSXRsQzTSGo)

**11.00: Laughter Yoga with Hilary**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZYpduqsrTwsGd0LjPPlTAUog-RiCe3sVRqd**](https://us02web.zoom.us/meeting/register/tZYpduqsrTwsGd0LjPPlTAUog-RiCe3sVRqd)

**Monday 25th January**

**11.00: Sensory Yoga with Viera**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZMuf-igqzkoGNKOSuYr5Yx-iMDDShJXE-IB**](https://us02web.zoom.us/meeting/register/tZMuf-igqzkoGNKOSuYr5Yx-iMDDShJXE-IB)

**Tuesday 26th January**

**13.45: Autism Movement Therapy® Based Session with Hilary**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZ0kd-6trzopHtK9ZGYIS1XmN-iwYsOPgPPh**](https://us02web.zoom.us/meeting/register/tZ0kd-6trzopHtK9ZGYIS1XmN-iwYsOPgPPh)

**Wednesday 27th January**

**11.00: Rhythm & Rhyme with Sharon**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZEpfu6qpzovHtQk83kJ6ldZSQn9hcPzxSIK**](https://us02web.zoom.us/meeting/register/tZEpfu6qpzovHtQk83kJ6ldZSQn9hcPzxSIK)

**Thursday 28th January**

**11.00: Mindful Motor Session with Nicole**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZYqde6tpzIqG9a\_r-ExW\_hLBDpjKQibqYNK**](https://us02web.zoom.us/meeting/register/tZYqde6tpzIqG9a_r-ExW_hLBDpjKQibqYNK)

**Friday 29th January**

**9.45: Developmental Dance Movement® Based Session with Hilary**

**Link to register:**

**[https://us02web.zoom.us/meeting/register/tZwkf-ivqDwpGdZw-71jybhNY3ixkrwa-n6Q](https://us02web.zoom.us/meeting/register/tZwkf-ivqDwpGdZw-71jybhNY3ixkrwa-n6Q" \t "_blank)**

**11.00: Laughter Yoga with Hilary**

**Link to register:**

[**https://us02web.zoom.us/meeting/register/tZMld-CsqDgvEtVpiNb5JNOoTYYnB86qqNXo**](https://us02web.zoom.us/meeting/register/tZMld-CsqDgvEtVpiNb5JNOoTYYnB86qqNXo)