We have created a special page for you on our website where will be uploading recorded sessions for you to utilise as you need them.

Currently there are just two sessions uploaded but we will be increasing these as time goes on and also plan to upload a further session in the next couple of days.

The link to the page is:

https://www.movementworks.org/movementworks-offline-sessions/

The page is password protected as is just for your use and the password is: MWorks062020

The current sessions available are:

- Autism Movement Therapy based session with Ali
- Sensory Yoga with Lizzie

The next session that we plan to upload is:

Developmental Dance Movement based session with Hilary

I hope that you will be able to make use of these.

I will continue to send you our list of live online sessions as they are updated.